
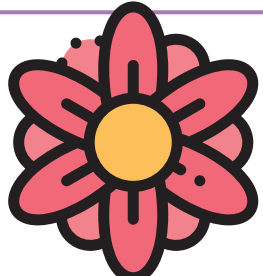


ALL MEALS \$9

Kent Senior Activity Center, 600 East Smith St., Kent, WA 98030

253-856-5150 • MyKentParks.com/50Plus

Open to Public: All ages welcome • Tuesday, Thursday, Friday 11:45 a.m. - 1 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 No Lunch Service on Wednesdays	2 Soup Du Jour SLOPPY JOES Mixed Vegetables Potato Chips	3 Soup Du Jour SWISS STEAK Mashed Potatoes w/ Gravy Mixed Vegetables
6 No Lunch Service on Mondays	7 Pozole CHICKEN ENCHILADA Spanish Rice Refried Beans	8 No Lunch Service on Wednesdays	9 Soup Du Jour CHICKEN & DUMPLINGS Mashed Potatoes Steamed Cabbage	10 Soup Du Jour HAND-BREADED FISH & CHIPS Coleslaw
13 No Lunch Service on Mondays	14 Soup Du Jour 3 CHEESE & MEAT LASAGNA Garlic Bread Broccoli	15 No Lunch Service on Wednesdays	16 Soup Du Jour CHICKEN POT PIE Broccoli	17 Soup Du Jour SPECIALITY QUICHE Corn
20 No Lunch Service on Mondays	21 Soup Du Jour MEATLOAF Mashed Potatoes Corn	22 No Lunch Service on Wednesdays	23 Soup Du Jour SPAGHETTI WITH MEAT SAUCE Garlic Bread Green Beans	24 Soup Du Jour HAND BREADED CHICKEN BREAST Steamed Potatoes Green Beans
27 No Lunch Service on Mondays	28 Soup Du Jour LIVER AND ONION Steam Potatoes w/ Gravy Green Beans	29 No Lunch Service on Wednesdays	30 Soup Du Jour CHICKEN STIR FRY Asian Vegetables Steamed Rice	

Lunchtime Specifics:

- Each meal also includes: soup, dessert, and beverage.
- Deli Sandwich option available when meals are served.
- Substitutions may be made if a supply issue arises.
- We make every effort to accommodate all lunch patrons, but please note quantities may be limited.
- Take-out package available at the front desk for \$2 or you may bring your own if needed.