FREE indoor walking

ShoWalk

Nov. - May
9 - 11 AM
Mondays, Tuesdays, and Wednesdays
ShoWare Center
625 West James Street

2019 - 2020

November*

December*

January*

February*

March*

April*

May*

Walking Day

• Open to all ages and modalities
• Two levels for walking and stairs for extra cardio!
• Great for therapy and caregivers
• Complimentary pedometer

SIGN IN WHEN YOU ARRIVE. Other than service animals, no pets are permitted.
Enter West side of building

*Dates may vary depending on the ShoWare Center schedule.

KeniWA.gov
253-856-5000

ShoWare Center
625 West James Street

October*

September*

August*

July*

June*

May*

April*

March*

February*

January*

December*

November*

October*

September*

August*

July*

June*

May*